

Adult Faith Formation Basics

Two resources recommended for parish leaders just beginning the planning for Adult Faith Formation:

1.) *Leader's Guide to Our Hearts Were Burning Within Us*, Department of Education-USCCB, 2001.

Summary: This great is a guide that will prayerfully assist parishes in learning about the USCCB document *Our Hearts Were Burning Within Us* (1999) and renewing their commitment to adult faith formation and provide opportunities to develop strategies to implement adult faith formation. It outlines a planning process and foundations for content.

This resource is two-fold: it contains both the *Leader's Guide* and the document *Our Hearts Were Burning Within Us*.

The web site is www.usccb.org or call toll-free 1-800-235-8722 to order.

2.) *Nurturing Adult Faith: A manual for Parish Leaders*, NCCL, 2003. www.nccl.org
(202) 884-9753

Summary: The resource moves from the visionary to the practical. It provides planning strategies as well as information about the unique needs of adult learners. It reminds us that the Church exists in order to evangelize and that the parish is the formative community for adults. Parishes need to nurture and guide the faithful along their faith journey in a way that respects the natural impulse of adults for self-direction and self-motivation. Highly recommended!

