

# Retreat Days with Sr. Karen Allen, OSF

March-September 2010

*Center of Renewal Retreat & Conference Center*

4421 Lower River Road • Stella Niagara, NY 14144 (Town of Lewiston, NY) • (716) 754-7376

**PRE-REGISTRATION FOR ALL SESSIONS IS REQUIRED – PLEASE NOTE DEADLINES!**

DATE and TIME	RETREAT TOPIC & DESCRIPTION	DEADLINE and RETREAT COST (Includes lunch)
<b>Thursday 3/25/10</b>  9:30am to 3:30 pm	<b>“The Passion, Staring Chaos in the Face”:</b> We live in pain and division in the world, the church, and within ourselves. Reconciliation involves many things, but first the recognition of our sinfulness and admitting our weakness and need to let go as a seed must entering the ground to produce life. We are called to forgive, accept forgiveness, and rise with the resurrected Christ to new life.	<b>Reserve by 3:00 pm on Thursday, 3/11/10</b> <b>\$25 per person</b>  <i>Late deadline fee \$5 extra; \$30 due by Wed., 3/17/10</i>
<b>Tuesday 5/25/10</b>  9:30am to 3:30 pm	<b>“Adjusting Our View of the God of Creation”:</b> What we see in Earth’s processes is continual re-creation, a breaking apart and a coming together of matter, and this Source of never-ending transformation is God. As our perspective of the universe changes, so does our image of God. Jesus gave witness to God as a human being, the God who empowers all of creation, and is the love, life, and light that flows through the universe. We are called to embrace the fullness of our humanity and walk into the Christ story, a saving grace for all of us. It stretches us and calls for changes in our thinking and our images of God.	<b>Reserve by 3:00 pm on Tuesday, 5/11/10</b> <b>\$25 per person</b>  <i>Late deadline fee \$5 extra; \$30 due by Mon., 5/17/10</i>
<b>Thursday 9/23/10</b> (Equinox) 9:30am to 3:30 pm	<b>“Simplifying Circles: The Labrynth and Mandala”:</b> One of the most frequent symbols found in nature and used in ancient and modern art and worship is the circle. It is a sign of unity, harmony, and the spiritual. The labrynth is a path within a circle leading to the center. The mandala, a Hindu term for circle, can be a variety of designs within a circle with a center point. These circles can aid us in meditation and seeking the meaning of life and the Divine. Join us as we explore the circle, create mandalas, and walk the labyrinth in meditation.	<b>Reserve by 3:00 pm on Thursday, 9/9/10</b> <b>\$25 per person</b>  <i>Late deadline fee \$5 extra; \$30 due by Wed., 9/15/10</i>

✂----- **REGISTRATION FORM FOR SR. KAREN’S RETREATS** -----✂

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

**Dates desired:**     **March 25, 2010**     **May 25, 2010**     **September 23, 2010**  
Deadline 3/11/10    Deadline 5/11/10    Deadline 9/9/10

*Enclose this coupon and check for all sessions @ \$25 per person per session payable to **CENTER OF RENEWAL.***

**Mail to:** Center of Renewal – 4421 Lower River Road – Stella Niagara, NY 14144 (716-754-7376)