

SEXUAL ABUSE AWARENESS MATERIALS

Catie the Caterpillar (A story to help break the silence of sexual abuse) by Tracy Schamburg from Liguori Publications (\$6.95)

My Body Is Special (A family booklet about Sexual Abuse) by Cynthia Geisen from Abbey Press (Carenotes for Kids #21625)

Channing Bete Company **Keeping My Body Safe** for ages 4-5, **My Body Belongs to Me** for ages 2-6, **Know What? Your Body is Yours** for ages 6-8 and **Who Knew-The Stop Hurting Issue** for ages 9-11. They will send you samples for free.

Our Sunday Visitor has Catholic Parent Know How booklets: *Internet and Families*; *Keeping our Children Safe*.

St. Mary's Press has a program called Creating Safe and Sacred Places for Young Adolescents (Gr. 5-8).

Ave Maria Press has a book by Sr. Kieran Sawyer entitled Learning About Life. A family based program on relationships and abuse prevention for all grades: K-11. Could be used by catechists/teachers as well.

Safety net Kids: No Easy Targets (\$19.99 from Videos with Values) for grades 2-5, 30 minutes long.

Don't Knows and Kinda Knows, a video in our diocesan library for 8-10 year olds.

Internet Safety, a video in our diocesan library for 8-10 year olds

Sex Still Has a Pricetag, a faith-based DVD by Pam Stenzel in our diocesan library for Gr. 8-9-10.

Sex Ed-No Screwing Around, a faith-based DVD by Pam Stenzel in our diocesan library for Gr. 9-10.

pmclain@ncmec has materials available from Center for Missing and Exploited Children. Patti McLain 716-842-6333.

www.NetSmartz.org for internet safety (also: www.missingkids.com; www.safekids.com, www.safeteens.com)

[http://www.ncpc.org/topics/by-audience/parents/secrets/base view](http://www.ncpc.org/topics/by-audience/parents/secrets/base_view) Good secrets,Bad secrets

<http://www.mcgruffspo.com/productpages/ncbsecr.cfm> Good secrets, bad secrets; internet safety

<http://www.mcgruffspo.com/productpages/coloringbooks.cfm> Coloring books on secrets, stranger danger, internet safety

www.kidpower.org stranger safety for kids

www.ikeepsafe.org Free tools to protect kids

www.runawayteens.org Guides for online safety for teens, cyberstalking, dating safety, internet safety.

www.pureloveclub.com Jason Evert books, videos, articles on chastity, romance without regret-high school

Speakers from Catholic Charities, Project Truth have read our lesson plans and spoken at many parish/school religion classes esp. on internet safety, human sexuality, stranger lures, etc.

Some ideas:

- Have a workday for catechists to work on presentation of the lessons
- Create a power point presentation on Internet Safety tips for children
- Ask one person to teach all the sessions to the youth (nurse, counselor, catechetical leader, etc.) schedule the sessions at their convenience (perhaps a former teacher/catechist)
- Work with four teachers (one at each level to teach the lessons yearly)
- Offer a sexual abuse awareness day for the parish community-invite parents with the children

Various materials may be used, but keep the proper objective for each age level in mind. The diocesan policy, lesson plans and documentation form can be found on our website:

www.officeoflifelongfaithformation.org. Questions, concerns, feel free to contact me at edankowski@buffalodiocese.org or 716-847-5516. 7-24-09